

For this activity you will need:

- Heavy poster board or light cardboard
- Magnetic tape strips or magnetic buttons.
- Crayons, markers, pencils, etc.
- Scissors
- Cookie cutters (optional)

Preparation: You can purchase magnetic strips or buttons at most fabric stores. They are usually pretty cheap. Try to buy the self-adhesive kind, or else you'll need to pre-glue the magnets to the back of the poster board.

You can pre-cut the poster board to any shapes you want, but if you have older children you may want to leave some sheets alone so that they can make whatever shape **they** want. Cookie cutters can be traced for cutout shapes.

After the shapes are cut, affix the magnet to what will be the back of the shape.

Decorate: Your children can now decorate their own magnets to hang on the refrigerator or anywhere else they want!



Magnetic tape can be found at most fabric and craft stores. Other types of magnetic backing are available too.

For more tips, or if you need more information or would like to talk to someone:

In Washington State: Call the Family Help Line at 1-800-932-HOPE

Outside of Washington State: contact your local Circle of Parents agency at

www.circleofparents.org