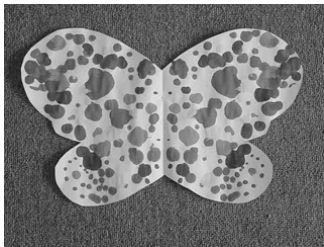


Materials:

1. Pre-cut construction paper butterflies
2. Tempera paints work best, but watercolors will do in a pinch

To make the butterflies:

1. Take a piece of construction paper—white or light colors work best.
2. Fold it in half. Press hard on the crease.
3. Draw outline of **half** a butterfly
4. Cut out butterfly. Make **at least** one per child.
5. Keep the cutout butterfly folded when you give to the children to paint.
6. Paint the cutout, but on only one side. It works best when there is a good amount of white space left.
7. Open the butterfly.
8. Fold the butterfly in on itself, so the paint side is now on the inside. Press down on paper; you can rub from top to bottom too.
9. Carefully open butterfly to see design.



Once children see what they have created they usually want to make more than one! If you don't have enough butterflies to go around for a second time, you can simply use regular, folded construction paper. It won't be in the shape of a butterfly, but the effect will be the same.

Note: some children do not like this activity because it feels like their art is being ruined when it gets folded and smooshed. Respect this and don't force it if your child doesn't want to participate.

For more tips, or if you need more information or would like to talk to someone:

In Washington State: Call the Family Help Line at 1-800-932-HOPE

Outside of Washington State: contact your local Circle of Parents agency at

www.circleofparents.org