

Materials needed:

- Stack of 4x6 unlined index cards
- Popsicle sticks
- Scotch tape or glue sticks
- Markers, crayons, pencils

Preparation:

1. Take an index card and fold it in half horizontally.
2. Using tape or glue stick, seal three sides—leaving one of the short ends open.
3. Take a Popsicle stick and stick it a few inches inside that open side.
4. Secure the stick with glue or tape.
5. Once the children get started it's hard to stop—so make sure you have a big supply of pre-made puppets on hand!

Activity: You can draw traditional people-puppets or you can draw abstract art on the “puppet”.

Don't forget that the stick puppets have a front and back so your children can decorate both sides.



For more tips, or if you need more information or would like to talk to someone:

In Washington State: Call the Family Help Line at 1-800-932-HOPE

Outside of Washington State: contact your local Circle of Parents agency at

www.circleofparents.org