

Great Starts Childbirth Classes by Due Date – Winter 2011/2012

March 2012 due dates

- Sat, Feb 11 & 18:** *Labor & Birth Mini-series* @ [UW Medicine Roosevelt](#), 9:30am-1:30pm, instructor [Cindy Langdon](#)
- Sat, Feb 11 – Mar 3:** Full Series, 4 Saturdays @ [Group Health Central](#), 9:30am-1pm, instructor [Tracy McPhillips](#)
- Sat, Feb 11 – Mar 3:** Full Series, 4 Saturdays @ [Group Health Northgate](#), 9:30am-1pm, instructor [Laurie Levy](#)
- Sat, Feb 18 – Mar 3:** *Labor & Birth Mini-series* @ [Group Health Bothell](#), 9:30am-12:30pm, instructor [Sue McDonald](#)
- Sat, Feb 18 – Mar 10:** Full Series, 4 Saturdays @ [NW Hospital](#), 9:30am-1pm, instructor [Katharine Neill](#)
- Sat, Mar 3 & 10:** *Labor & Birth Mini-series* @ [Mountlake Terrace](#), 9:30am-1:30pm, instructor [Shanie McLaren](#)

April 2012 due dates:

- Sat, Feb 11 – Mar 3:** Full Series, 4 Saturdays @ [Group Health Central](#), 9:30am-1pm, instructor [Tracy McPhillips](#)
- Sat, Feb 11 – Mar 3:** Full Series, 4 Saturdays @ [Group Health Northgate](#), 9:30am-1pm, instructor [Laurie Levy](#)
- Sat, Feb 18 – Mar 3:** *Labor & Birth Mini-series* @ [Group Health Bothell](#), 9:30am-12:30pm, instructor [Sue McDonald](#)
- Sat, Feb 18 – Mar 10:** Full Series, 4 Saturdays @ [NW Hospital](#), 9:30am-1pm, instructor [Katharine Neill](#)
- Sat, Mar 3 & 10:** *Labor & Birth Mini-series* @ [Mountlake Terrace](#), 9:30am-1:30pm, instructor [Shanie McLaren](#)
- Sat, Mar 10 & 17:** *Labor & Birth Mini-series* @ [Group Health Burien](#), 9:30am-1:30pm, instructor [Cindy Langdon](#)
- Sat, Mar 3 – 24:** Full Series, 4 Saturdays @ [UW Medicine Roosevelt Clinic](#), 9:30am-1pm, instructor [Laurie Levy](#)
- Sat, Mar 3 – 24:** Full Series, 4 Saturdays @ [Group Health Bellevue](#), 9:30am-1pm, instructor [Dottie Kiehle](#)
- Sat, Mar 17 & 24:** *Labor & Birth Mini-series* @ [NW Hospital](#), 9:30am-1:30pm, instructor [Katharine Neill](#)
- Sat, Mar 17 & 24:** *Labor & Birth Mini-series* @ [Group Health Central](#), 9:30am-1:30pm, instructor [Lisa Meuleman](#)
- Sun, Feb 12 – Mar 25:** [Hypnobirthing™](#), 7 Sundays @ [Center for Strong Families](#), 3-5:30pm, instructor [Barb Decker](#)
- Thu, Feb 16 – Mar 29:** Full Series, 7 weeknights @ [NW Hospital](#), 7-9pm, instructor [Kathy Wilson](#)
- Sat, Mar 24 & 31:** *Labor & Birth Mini-series* @ [Group Health Northgate](#), 9:30am-1:30pm, instructor [Joy MacTavish](#)
- Sun, Mar 11 – Apr 1:** Full Series, 4 Sundays @ [Center for Strong Families](#), 1-4:30pm, instructor [Xena Eckert-Harris](#)
- Mon, Feb 20 – Apr 2:** Full Series, 7 weeknights @ [Mountlake Terrace](#), 7-9pm, instructor [Katharine Neill](#)
- Tue, Feb 21 – Apr 3:** Full Series, 7 weeknights @ [Group Health Central](#), 7-9pm, instructor [Cindy Langdon](#)

May 2012 due dates

- Sun, Feb 12 – Mar 25:** [Hypnobirthing™](#), 7 Sundays @ [Center for Strong Families](#), 3-5:30pm, instructor [Barb Decker](#)
- Thu, Feb 16 – Mar 29:** Full Series, 7 weeknights @ [NW Hospital](#), 7-9pm, instructor [Kathy Wilson](#)
- Sat, Mar 24 & 31:** *Labor & Birth Mini-series* @ [Group Health Northgate](#), 9:30am-1:30pm, instructor [Joy MacTavish](#)
- Sun, Mar 11– Apr 1:** Full Series, 4 Sundays @ [Center for Strong Families](#), 1-4:30pm, instructor [Xena Eckert-Harris](#)
- Mon, Feb 20 – Apr 2:** Full Series, 7 weeknights @ [Mountlake Terrace](#), 7-9pm, instructor [Katharine Neill](#)
- Tue, Feb 21 – Apr 3:** Full Series, 7 weeknights @ [Group Health Central](#), 7-9pm, instructor [Cindy Langdon](#)
- Sat, Mar 24 – Apr 14:** Full Series, 4 Saturdays @ [Mountlake Terrace](#), 9:30am-1pm, instructor [Sue McDonald](#)
- Sat, Apr 7 & 14:** *Labor & Birth Mini-series* @ [UW Medicine Roosevelt](#), 9:30am-1:30pm, instructor [Cindy Langdon](#)
- Mon, Mar 5 – Apr 16:** Full Series, 7 weeknights @ [NW Hospital](#), 7-9pm, instructor [Amy Meister-Stetson](#)

Tue, Mar 6 – Apr 17: Full Series, 7 weeknights @ [UW Medicine Roosevelt](#), 7-9pm, [Judy Higgins](#)

Wed, Feb 29 – Apr 18: Full Series, 8 weeknights @ [Center for Strong Families](#), 7-9pm, instructor [Penny Simkin](#) **FULL**

Thu, Mar 8 – Apr 19: Full Series, 7 weeknights @ [Group Health Central](#), 7-9pm, instructor [Tracy McPhillips](#)

Sat, Mar 31 – Apr 21: Full Series, 4 Saturdays @ [NW Hospital](#), 9:30am-1pm, instructor [Katharine Neill](#)

Thu, Mar 1 – Apr 12: **Expecting Multiples**, 7 weeknights @ [UW Medicine Roosevelt](#), 6:30-9pm, [Sheryl Rasmussen](#)

Tue, Mar 20 – May 1: Full Series, 7 weeknights @ [Mountlake Terrace](#), 7-9pm, instructor [Joy MacTavish](#)

Thu, Mar 22 – May 3: Full Series, 7 weeknights @ [UW Medicine Roosevelt](#), 7-9pm, [Cindy Langdon](#)

Fri, Mar 23 – May 4: Full Series, 7 weeknights @ [UW Medicine Roosevelt](#), 7-9pm, [Katharine Neill](#)

Sat, Apr 28 & May 5: *Labor & Birth Mini-series* @ [NW Hospital](#), 9:30am-1:30pm, instructor [Katharine Neill](#)

Sun, Apr 15– May 6: Full Series, 4 Sundays @ [Center for Strong Families](#), 1-4:30pm, instructor [Xena Eckert-Harris](#)

Wed, Mar 28 – May 9: Full Series, 7 weeknights @ [NW Hospital](#), 7-9pm, instructor [Lisa Meuleman](#)

Wed, Mar 28 – May 9: Full Series, 7 weeknights @ [Center for Strong Families](#), 7-9pm, instructor [Xena Eckert-Harris](#)

Fri, Mar 30 – May 11: Full Series, 7 weeknights @ [Group Health Everett](#), 6-8pm, instructor [Sue McDonald](#)

Sat, Apr 21 – May 12: Full Series, 4 Saturdays @ [Group Health Northgate](#), 9:30am-1pm, instructor [Joy MacTavish](#)

Sat, Apr 21 – May 12: Full Series, 4 Saturdays @ [Group Health Bellevue](#), 9:30am-1pm, instructor [Cindy Langdon](#)

Sat, May 5 & 12: *Labor & Birth Mini-series* @ [Mountlake Terrace](#), 9:30am-1:30pm, instructor [Shanie McLaren](#)

June 2012 due dates

Thu, Mar 1 – Apr 12: **Expecting Multiples**, 7 weeknights @ [UW Medicine Roosevelt](#), 6:30-9pm, [Sheryl Rasmussen](#)

Tue, Mar 20 – May 1: Full Series, 7 weeknights @ [Mountlake Terrace](#), 7-9pm, instructor [Joy MacTavish](#)

Thu, Mar 22 – May 3: Full Series, 7 weeknights @ [UW Medicine Roosevelt](#), 7-9pm, [Cindy Langdon](#)

Fri, Mar 23 – May 4: Full Series, 7 weeknights @ [UW Medicine Roosevelt](#), 7-9pm, [Katharine Neill](#)

Sat, Apr 28 & May 5: *Labor & Birth Mini-series* @ [NW Hospital](#), 9:30am-1:30pm, instructor [Katharine Neill](#)

Sun, Apr 15– May 6: Full Series, 4 Sundays @ [Center for Strong Families](#), 1-4:30pm, instructor [Xena Eckert-Harris](#)

Wed, Mar 28 – May 9: Full Series, 7 weeknights @ [NW Hospital](#), 7-9pm, instructor [Lisa Meuleman](#)

Wed, Mar 28 – May 9: Full Series, 7 weeknights @ [Center for Strong Families](#), 7-9pm, instructor [Xena Eckert-Harris](#)

Fri, Mar 30 – May 11: Full Series, 7 weeknights @ [Group Health Everett](#), 6-8pm, instructor [Sue McDonald](#)

Sat, Apr 21 – May 12: Full Series, 4 Saturdays @ [Group Health Northgate](#), 9:30am-1pm, instructor [Joy MacTavish](#)

Sat, Apr 21 – May 12: Full Series, 4 Saturdays @ [Group Health Bellevue](#), 9:30am-1pm, instructor [Cindy Langdon](#)

Sat, May 5 & 12: *Labor & Birth Mini-series* @ [Mountlake Terrace](#), 9:30am-1:30pm, instructor [Shanie McLaren](#)

Sat, Apr 7 – May 19: Full Series, **7 Saturdays** @ [Group Health Bothell](#), 9:30-11:30am, instructor [Adrienne Dienst](#)

Sat, Apr 28 – May 19: Full Series, 4 Saturdays @ [UW Medicine Roosevelt Clinic](#), 9:30am-1pm, instructor [Lisa Meuleman](#)

Sat, May 12 & 19: *Labor & Birth Mini-series* @ [Group Health Burien](#), 9:30am-1:30pm, instructor [Tracy McPhillips](#)

Thu, Apr 12 – May 24: Full Series, 7 weeknights @ [NW Hospital](#), 7-9pm, instructor [Carol Kauppila](#)

Wed, Apr 18 – May 30: Full Series, 7 weeknights @ [UW Medicine Shoreline](#), 7-9pm, instructor [Kathy Wilson](#)

Wed, Apr 18 – May 30: **Hypnobirthing™**, 7 Wednesdays @ [Mountlake Terrace](#), 7-9:30pm, instructor [Barb Decker](#)

Tue, Apr 24 – Jun 12: **Lamaze™**, 7 weeknights @ [NW Hospital](#), 7-9pm, [Kim James](#)