



FOR IMMEDIATE RELEASE
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PARENT TRUST FOR WASHINGTON CHILDREN
EXPANDS SNOHOMISH COUNTY CHILDBIRTH CLASSES

SEATTLE, WA -- March 12, 2011 --

Parent Trust for Washington Children (Parent Trust) announces the expansion of their **Great Starts™** pregnancy, childbirth, and early parenting classes in Snohomish County with new classes in Bothell, Everett, and Lynnwood, WA.

Each year, over 9,000 babies are born to Snohomish County parents. To meet this growing need, Parent Trust educators are offering new classes for parents seeking unbiased information to help them have a happy, healthy birth experience. **Great Starts™** class topics include pregnancy, childbirth preparation, newborn care, infant health and safety, toddler parenting, and more.

Parent Trust is partnering with Group Health Cooperative to make classes in Everett and Bothell available to all families. Parent Trust has also opened a new classroom in Lynnwood, WA to serve south Snohomish County parents.

Parent Trust's **Great Starts™** program has served families for over 60 years by providing unbiased education about pregnancy, birth, and parenting. Our educators also author childbirth books and train birth educators.

As Washington state's oldest family support agency, Parent Trust is dedicated to helping all parents and caregivers create strong and healthy families in every county in Washington. Parent Trust offers life-changing programs teaching effective tools to promote early learning, build stronger family bonds, provide new family and life management skills, and prevent child abuse and neglect. Parent Trust serves 15,000+ family members in Washington state each year.

To learn more about Parent Trust's childbirth education and parenting programs, contact **Great Starts™** at 206-789-0883, 800-543-4968 or greatstarts@parenttrust.org

To learn more about Parent Trust and our parent education and family support programs, visit www.parenttrust.org. Call Parent Trust's **Family Help Line** at **800-932-HOPE (4673)** for parenting information, family support, and referrals to community classes, services, and resources.

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Contact: Russell Wycoff, 206-233-0156 x231
Parent Trust for Washington Children www.parenttrust.org
2200 S. Rainier Avenue
Seattle, WA 98144