



PARENT TRUST
FOR WASHINGTON CHILDREN

Outcomes Evaluation and Program Effectiveness

Intensive Parent Training and Support 2006 - 2009

Intensive Parent Training And Support 2006-2009

BACKGROUND:

What is the Intensive Parent Training and Support Program? The Intensive Parent Training and Support Program is designed specifically to meet the needs of hard-to-serve families who are resistant to or have difficulty accessing center-based services before there is an established pattern of child abuse and neglect. The IPTS Coordinator meets directly with families wherever they are – in their homes, in domestic violence shelters, in McDonald’s, in WIC offices, in court rooms, in chemical dependency treatment centers, on the phone. The Intensive Parent Training and Support Program serves families in the greater Yakima County.

Why have an Intensive Parent Training and Support Program? This program is designed to provide family coaching services to underserved families often with more than one child before there is an established pattern of child abuse and neglect. IPTS families come in many forms including single parents, victims of domestic violence, kinship caregivers, families with multiple children, teen parents and families that are chronically isolated.

Who does the Intensive Parent Training and Support Program serve? The Intensive Parent Training and Support Program focuses on coaching services for the whole family – not just the parent/caregiver. Providing coaching and support to all members of the family increases the chances that the family will be able to make positive change and maintain those changes. To date, the program is specifically focusing on families who are facing numerous barriers – geographic isolation, lack of transportation, history of family violence, mental health issues and/or developmental delays.

Intensive Parent Training and Support Increases Protective Factors: Our surveys are based on the child abuse prevention literature, and measure the following outcome:

- Increase applied family management skills and knowledge of normal child development. The research of Hawkins and Catalano (1991) relate the increase of “protective factors” such as an increase in family management skills with the decrease of child abuse and related destructive parenting.



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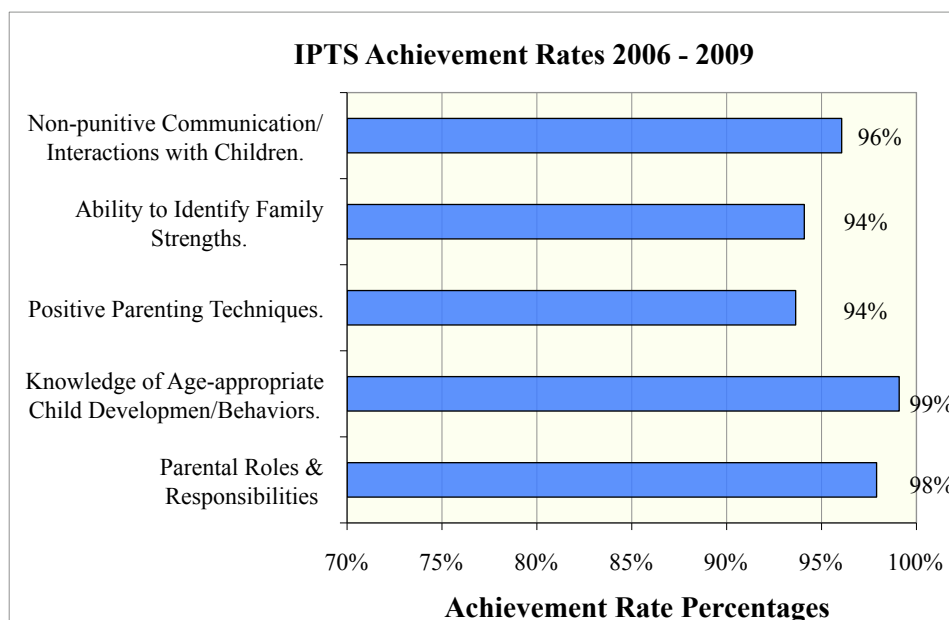
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RESULTS

Achievement Rate Goal: 60% of the participants will increase their knowledge/skills to meet the minimum outcome goal of 10%.

Achievement Rate Results, N=115:

- Overall, 96 % of IPTS parent/caregivers reported at least a 10% increase in their use of non-punitive discipline and guidance.
 - 96% of IPTS parent/caregivers reported at least a 10% increase in their use of non-punitive communication/interactions with their children.
 - 94% of IPTS parent/caregivers reported at least a 10% increase in their ability to identify their strengths as a family.
 - 94% of IPTS parent/caregivers reported at least a 10% increase in their use of positive parenting techniques.
 - 99% of IPTS parent/caregivers reported at least a 10% increase in their knowledge of age-appropriate child development & behaviors.
 - 98% of IPTS parent/caregivers reported at least a 10% increase in their knowledge/awareness of their parental role and responsibilities.





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Outcome Goal: Participants will increase knowledge/skills by 10%.

Outcome Results, N=115:

Up to 12 sessions of Intensive Parent Training and Support services (9 sessions average)

- Parent/caregivers reported a 14%* increase in their use of non-punitive communication/interactions with their children.
- Parent/caregivers reported a 21%* increase in their ability to identify their family strengths.
- Parent/caregivers reported a 23%* increase in their use of positive parenting techniques.
- Parent/caregivers reported a 26%* increase in their knowledge of age-appropriate child development & behaviors.
- Parent/caregivers reported a 16%* increase in their knowledge/awareness of their parental roles & responsibilities.

From 13 or more sessions of Intensive Parent Training and Support services (39 sessions average):

- Parent/caregivers reported an 18%* increase in their use of non-punitive communication/interactions with their children.
- Parent/caregivers reported a 24%* increase in their ability to identify their family strengths.
- Parent/caregivers reported a 27%* increase in their use of positive parenting techniques.
- Parent/caregivers reported a 29%* increase in their knowledge of age-appropriate child development & behaviors.
- Parent/caregivers reported an 18%* increase in their knowledge/awareness of their parental roles & responsibilities.

* = Statistical significance at $p < 0.001$ → (very strong evidence that results are statistically significant)

