



**Outcomes Evaluation and
Program Effectiveness.
Children's Group:
2007-2008**

BACKGROUND

What is the Children/Teen Group Program? The Children/Teen Program is a statewide network of education and support groups for children/teens whose parents/caregivers are attending a Parent Trust for Washington Children Group. Trained facilitators and assistants lead the groups.

Focus of the Program: To create a safe, developmentally appropriate place where children can work on increasing protective factors and developmental assets. The Children/Teen Program provides opportunities for children/teens to:

- Increase their social competence skills
- Build relationships with positive, adult role models.

Why have a Children/Teen Group Program? The Children/Teen Program is designed to give the same level of support to children/teens as to their parents/caregivers who are attending the adult groups. As parents skills and knowledge increase, so can their child's. Thus, the program becomes a positive support to the whole family.

Who does the Children/Teen Group Program serve? The Children/Teen Program serves any child/teen over the age of five weeks, whose parent/caregiver is attending the Parent/Caregiver Group program.

Children who become teenagers while attending the program are given the option of becoming a "Peer Leader". Peer Leaders are still participants in the group, but they hold additional responsibilities, and assist the Children/Teen Program Facilitator in carrying out the goals of the program.

Children/Teen Program Increases Assets: Our surveys are based on the social competence, resiliency, and asset research and measure the following outcomes:

- ◆ **Increase social competence**
- ◆ **Increase in caring relationships**



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RESULTS

Achievement Rate Goal: 60% of parents surveyed will indicate a positive change in their child's skills and/or environment to meet the minimum outcome goal.

Achievement Rate Results:

- **Pro-social behavior:** 88% of the parents surveyed indicated at least a 10% positive change in both indicators. 52% of the parents surveyed indicated at least a 15% positive change in both indicators.
- **Environment:** 95% of the parents surveyed indicated at least a 10% positive change. 65% of the parents surveyed indicated at least a 15% positive change in this indicator.
- **Role model:** 84% of the parents surveyed indicated at least a 10% positive change. 55% of the parents surveyed indicated at least a 15% positive change.

Outcome Goal: Parents will indicate a minimum 10% increase in skills/behavior/positive environment for their child.

Outcome Goal Results: Parents surveyed reported:

- 11% average increase in pro-social behavior.
 - My child helps other children:
 - My child interacts with peers in a positive way:
- 12% average increase in access to a positive, healthy, environment for the child.
- 11% average increase in availability of caring, adult role model.

