



*Parent Trust for Washington Children's Conscious Fathering Program* is changing the trajectory of fatherhood by providing men an opportunity to learn their newborn baby's 5 basic needs, keys to how babies communicate and how to not only meet their baby's needs...but anticipate them. Conscious Fathering is creating a new definition of fatherhood. Primarily a hospital based program, this class empowers new fathers to build a partnership with mom in caring for and nurturing their children, from the very first day.

**Conscious Fathering classes:** We offer 80 classes a year for expectant and new dads as well as the child's grandpa-to-be or uncle-to-be. The program is also currently developing Conscious Fathering curriculum for additional toddler and preschooler classes. Conscious Fathering is the second largest program for expectant fathers in the country, serving 8,000 men over the last 10-years.

**Geographic area served:** Classes offered in 9 locations around the Puget Sound area. Licensed Conscious Fathering programs also in Vancouver, Ellensburg, Bellingham, Port Angeles, Spokane and Walla Walla. The Conscious Fathering Program will be replicated in 25 states over the next five years.

**Numbers of clients served in fiscal year 2007-2008:**

Conscious Fathering classes: 73

Total men served: 803

Hours of direct service: 2,007

**Participant statistics:** 92% of participants report an increase in knowledge about parenting roles and responsibilities (skills for safe/healthy baby care). Almost all are first time dads.

**Participant ages:**

15 years to 51 years, average age is 32

**Participant household income levels:**

85% have above moderate incomes = \$47,701 or more

8% have moderate incomes = \$31,151 to \$47,700

5% are low income = \$18,701 to \$31,150

**Corporation:** Parent Trust is a non-profit, tax ID # 91-1036940.