



Parent Trust for Washington Children's Great Starts Program creates and offers community-based education programs, taught by health care professionals, to enable parents to make informed choices about family issues and healthcare during pregnancy, childbirth, and early parenthood. We strive to be a resource for new families and to increase their options by educating health professionals and the lay community.

Great Starts classes: We offer over 15 different kinds of classes for expectant parents and new families that include planning for pregnancy, early pregnancy, childbirth preparation, breastfeeding, newborn care, safety, CPR, sibling preparation, vaccinations, fathering and adoptive parenting.

Geographic area served: Classes offered in several locations in greater King County and South Snohomish County. We provide all the birth classes for Stevens Hospital in Edmonds and Northwest Hospital in Seattle, as well as Group Health in Seattle, Bellevue and Burien. We also serve Bainbridge Island in Kitsap County.

Numbers of clients served in fiscal year 2007-2008:

Childbirth classes: Approximately 926 couples

Safety and CPR classes: 267 participants

Special Classes (Sibling Preparation, Adoptive Family, Early Pregnancy, Preconception): 189 families

Affiliates' registration: 2,210 families

Total families served: 6,475 individuals

Participant statistics: 99% of participants report a positive experience in the Great Starts classes and would recommend courses to others. 90% of participants are first-time parents. 90% of participants bring a partner with them to classes.

Participant ages:

15 years to 55 years, average age is 29

Participant household income levels:

80.3% have above moderate incomes = \$52,000+

10.7% have moderate incomes = \$35,001 to \$52,000

4.9% have low incomes = \$21,001 to \$35,000

4.2% are very low incomes = \$21,000 or below

Corporation: Parent Trust is a non-profit, tax ID # 91-1036940.