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PROGRAMS

Parent Education & Support

- --Circle of Parents™
- --Families in Recovery Network

Family Help Line Services

- --Live Support Line
- --Statewide Resource Database

Child & Teen Services

- --SMART™
- -- Developmental Screenings

New & Expectant Parent Services

- --Conscious Fathering™ Classes
- --Great Starts™ Classes

OUR VISION

Strong Families Begin at Home.

OUR MISSION

Parent Trust for Washington Children creates lasting change and hope for the future by promoting safe, healthy families and communities.



PARENT TRUST Receives \$100,000 3-year grant from NW Children's Foundation



For Immediate Release:

Seattle, February 22, 2022 — <u>Parent Trust for Washington Children</u> is delighted to announce that we will receive \$100,000 in funding from <u>NW Children's Foundation</u> over the next 3 years.

"This generous commitment from NW Children's Foundation gives us the ability to plan for the future – while providing support to parents and families today," says Linda McDaniels, Executive Director of Parent Trust. "This funding is an investment in child abuse prevention that will prevent the long-term fall-out from the pandemic from hurting our most vulnerable families for decades to come."

NW Children's Foundation is a leading voice in keeping children safe – aligning resources, organizations, and passionate individuals committed to ending the intergenerational cycle of child abuse, neglect, and trauma. "We are proud to be a longtime partner of Parent Trust," says NWCF Chief Program Officer Adrienne Heile. "And we are so pleased to be able to invest in their work at a time when it is needed more than ever."

At Parent Trust, we specialize in breaking down barriers for underserved populations -parents recovering from substance addiction, parents with low income and parents who
lived through child abuse and neglect as children; families who often struggle to find
parenting support.

- Our Family Help Line provides immediate parent coaching, training, and referrals specifically to prevent child abuse/neglect and keep families strong. We are the WA State number for Prevent Child Abuse America.
- Our **Families in Recovery Programs** meet online and in-person to provide support and education to parents who are recovering from chemical addiction and are fighting to stay in recovery despite the challenges created by the pandemic.
- Our Technology Access Program brings computers and hotspots to expectant and new parents with low income – providing critical access to all our parenting supports, including our Great Starts and Conscious Fathering classes as well as other vital basic services.
- Our **Developmental Screening Program** helps families catch developmental delays early, and providing interactive, real-time coaching to parents. We also screen parents for postpartum depression/anxiety, which has increased exponentially during the pandemic.

About Parent Trust:

Raising kids is a big job. At Parent Trust, we meet families where they are, when they need us, throughout their parenting journey. Our programs include a parent coaching call-in line, developmental screenings, childbirth and new parent classes, parenting groups, stress reduction training for families, and support groups for parents recovering from substance addiction.

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